



VEER SURENDRA SAI UNIVERSITY OF TECHNOLOGY

SPORTS SOCIETY NEWSLETTER 2022-23



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Inspire
Compete
Triumph!



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ACKNOWLEDGEMENT

We extend our sincere gratitude to the esteemed leadership of our university for their unwavering guidance and support in nurturing the growth and success of the Sports Society. Under the visionary leadership of our Vice Chancellor, Dean, and Vice President, the Sports Society has flourished into a vibrant community fostering the spirit of sportsmanship and camaraderie.

Our heartfelt thanks to Honorable vice-chancellor Prof. Banshidhar Majhi sir, your vision and commitment to providing a well-rounded university experience have been the guiding light for the Sports Society. Your encouragement has empowered us to create a dynamic platform for students to engage in sports and recreation. And thanks to the Dean students' Welfare Prof. Sanjay Kumar Patro sir, your dedication to student welfare and the promotion of sports as an integral part of university life have been instrumental in shaping the Sports Society. Your support has been a source of inspiration for our members. Also respect and thanks to our Vice President of Sports Society prof. Saubhagya Kumar Panigrahi sir your advocacy for a holistic approach to education, including the importance of sports, has significantly contributed to the success of the Sports Society. Your involvement has been crucial in fostering a culture of participation and excellence.

We also express our gratitude to the members of the Sports Society and house captains of four houses and ass. House captains Biranchi Ray, Diptesh Pradhan, Adyasa Nayak ,Sneha Behera ,Purvi Mahapatra , Chirag Chand, Ankit Mahakud ,Angele Kundo ,Subhranshu Bhutiya ,DS Panigrahi ,Pratik Pradhan, Amir Chand, Badri Narayan whose passion and enthusiasm have brought life to our events and initiatives. Special thanks to our volunteers, participants, and supporters who have played a vital role in creating a vibrant and inclusive sports community.

As we continue on this exciting journey, we are grateful for the ongoing support and encouragement from our university's leadership. Together, we look forward to further enhancing the sports culture within our academic community and beyond.

MESSAGE FROM DEAN OF STUDENTS' WELFARE



I trust this message finds you well and thriving in your academic pursuits. Today I am thrilled to discuss a dynamic and indispensable facet of our university life - the Sports Society. Our university's Sports Society is a dynamic community that thrives on passion, camaraderie, and a shared love for sports. It serves as a platform for students to engage in physical activities, develop leadership skills, and foster a sense of belonging within our academic family. I want to take a moment to acknowledge the remarkable efforts of our Sports Society members - from the dedicated executives to the enthusiastic participants. Your commitment to promote a healthy and active lifestyle on our campus is truly commendable. Sports not only contribute to physical well-being but also play a crucial role in building character, resilience, and teamwork. Through the various events, tournaments, and activities organized by the Sports Society, you not only showcase your athletic prowess but also create an environment that encourages inclusivity and sportsmanship. As the Dean of our esteemed university, I encourage each and every one of you to get involved with the Sports Society. Whether you're a seasoned athlete or someone looking to try a new sport, there is a place for you. The Sports Society is not just about competition; it's about fostering friendships, learning new skills, and creating memories that will last a lifetime. In the upcoming academic year, we are committed to provide even more opportunities for sports enthusiasts. We will continue to support the Sports Society in organizing events that cater to a diverse range of interests and skill levels. I extend my gratitude to the current members and offer a warm welcome to those considering joining the Sports Society. Your involvement is integral to the continued success and growth of this vibrant community. Let's make the coming year one filled with teamwork, accomplishments, and a shared passion for sports. I look forward to witnessing the Sports Society flourish under your participation and dedication. Best wishes,

Prof. Sanjay Kumar Patro
Dean Students' Welfare
VSSUT, Burla

MESSAGE FROM ASSOCIATE DEAN OF STUDENTS' WELFARE



I believe this message finds you well and filled with enthusiasm for the opportunities that lie ahead. Today, I want to draw your attention to a topic that goes beyond textbooks and classrooms – the world of sports.

As the Associate Dean of Student Welfare, I firmly believe in the transformative power of sports in shaping not only your physical well-being but also your overall college experience. Engaging in sports is not just about staying fit; it's about building resilience, fostering teamwork, and creating lifelong memories.

Our university places great importance on providing a holistic education, and sports play a pivotal role in achieving that goal. Whether you are an aspiring athlete, a recreational player, or someone who enjoys cheering from the sidelines, there is a place for you in the vibrant sports culture we aim to cultivate.

In the coming months, we have an exciting lineup of sports events, tournaments, and fitness programs planned. These activities are not only avenues for healthy competition but also opportunities for you to forge new friendships, discover hidden talents, and learn valuable life skills.

I encourage each one of you to explore the diverse sporting opportunities available on campus. Whether you're drawn to team sports, individual challenges, or simply want to stay active, there is a spectrum of options waiting for you. The benefits extend far beyond the playing field, positively influencing your academic performance, mental well-being, and sense of community.

Our dedicated team at the Student Welfare Office is here to support and guide you in your sports endeavors. Feel free to reach out if you have any questions, suggestions, or if you simply want to share your sporting achievements.

Let's make this academic year a celebration of sportsmanship, teamwork, and personal growth. I am excited to witness the enthusiasm and energy you bring to the world of sports at our university.

Dr. Punyapriya Mishra
Associate Dean Students' Welfare
VSSUT, Burla

MESSAGE FROM VICE-PRESIDENT



I hope this message finds you all in good health and high spirits. Today, I am delighted to share my thoughts on a topic that holds a special place in our university's heart - sports. Sports are an integral part of our university's identity and culture. They not only promote physical fitness but also instill values like teamwork, discipline, perseverance, and sportsmanship. These qualities go beyond the playing field and prepare our students for the challenges they will face in their academic and professional lives. Our university has a rich history of sporting achievements, and I want to take a moment to commend our athletes, coaches, and the entire support staff for their dedication and hard work. Your achievements on the field and the sportsmanship you display are a source of pride for all of us. I firmly believe that sports play a vital role in the holistic development of our students. It is not just about winning or losing; it's about the journey, the lessons learned, and the friendships forged. Our university is committed to providing the best possible facilities and coaching to nurture talent and support our athletes. In the coming year, we will continue to invest in sports programs and infrastructure, aiming to create an environment where every student can participate and excel in the sport of their choice. We encourage all students to take part in sports, whether as players, supporters, or volunteers. Your involvement will not only benefit your physical well-being but also contribute to building a stronger, more vibrant university community. As we move forward, I want to express my gratitude to everyone who contributes to our sports programs - our athletes, coaches, staff, and supporters. Your dedication and passion are inspiring, and I look forward to celebrating many more successes together. Let's embrace the spirit of sports and continue to uphold our university's legacy of excellence, not just in the classroom but on the playing field as well.

Dr. Anand Kumar Behera
Vice President Sports Society
VSSUT, Burla

Faculty advisor

Highlighting dynamic sports programs at VSSUT for the upcoming academic year. Emphasizing the benefits of sports engagement, from intramural to intercollegiate levels. Encouraging students to join various sports teams and promoting faculty support for a thriving athletic community. Inviting inquiries and aiming for a successful and spirited academic year.



Mr. Amit Chatterjee
Faculty advisor sports society
VSSUT, Burla



Exciting sports opportunities await at VSSUT. From intramurals to intercollegiate tournaments, students can explore their athletic passions. Your support is crucial for their success. Let's make this academic year a celebration of achievement and teamwork.

Mr. Nilakantha Sahu
Faculty advisor sports society
VSSUT, Burla

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SPORTS SOCIETY

HIGHLIGHTS

ENGINEERS CUP 2022-23

(sports fest of OUTR)

Football: Runners Up

ETHOS 2022-23

(Sports fest of IIM Sambalpur)

Football: Winner

Volleyball: Winner

Cricket: Runners Up

VIRAJ 2022-23

(Sports fest of NLU Odisha)

Football : Runners Up

INTER HOUSE CHAMPIONS

(Illumina 2022-23)

Group C (Shakti)

TOURS (AUTUMN SEMESTER)



During the vibrant season of autumn, universities embrace the spirit of sportsmanship by organizing captivating sports tours. As the leaves turn hues of red and gold, students and athletes alike embark on journeys that extend beyond the confines of classrooms.

These tours not only showcase athletic prowess but also foster camaraderie among participants. From intense rivalries on the field to the camaraderie forged during travel, autumn sports tours become a melting pot of passion and teamwork. The autumn sports tour encapsulates the essence of competition, unity, and the joy of playing under the captivating backdrop of autumn's natural splendor.



VRIDHI 2022



- Led by Captain Subham sahuo this team was trend for 1.5 years.
- First tour of football team of the session.
- The team, under the guidance of Captain Subham Sahoo, had been making waves for the past 1.5 years. With their hard work, dedication, and teamwork, they had managed to carve a niche for themselves in their respective field. Recently, they embarked on their first tour, which was a football tournament. Despite facing tough competition from their opponents, the team played with grit and determination, showcasing their skills and putting up a great show. Their sportsmanship and team spirit were lauded by everyone, and they returned home with their heads held high, proud of their achievements. This was just the beginning for this talented team, and they were determined to achieve even greater heights in the future.
- Qualified league but got knocked out by NIT Rourkela in the semi-final by

score 2-1

ENGINEER CUP



The last tour of the session was a nail-biter for the team. They played their hearts out and managed to make it all the way to the finals. The final game was intense and ended in a draw, which was a disappointment for both teams. Unfortunately, the team ended up losing in the penalty shootout. Despite the loss, the team should be proud of their hard work and dedication throughout the session. They can use this experience as motivation to come back even stronger next time.

ETHOS 2022



The futsal tournament saw teams from the region compete for the championship title, with the 5-men team emerging as the ultimate champions. Their victory was a result of their hard work, determination, talent, and teamwork, showcased throughout the tournament. The final match saw them defeat IIM Sambalpur, leading to a well-deserved celebration by all who witnessed their impressive performance.

The intercollegiate fest Ethos concluded with a thrilling final match between IIM Sambalpur and a team from VSSUT, with our team emerging victorious. Participants from all over the region showcased their talents in the cricket tournament, making the event a great success. The organizers were pleased with the turnout and are already looking forward to next year's event.



The volleyball tournament was a thrilling event that saw many talented teams competing against each other. However, one team stood out from the rest: the champions, who managed to beat IIMSambalpur and take home the trophy. The crowd was on their feet as the match came to an end, cheering on both teams for their incredible effort and sportsmanship throughout the tournament. It was a memorable day filled with excitement, passion, and a true love for the game. Congratulations to the champions for their well-deserved victory!

CHIASMA 2022



The team faced logistical challenges that led to their defeat in the league. Despite the disappointment, they aim to learn from their mistakes and come back stronger. With better preparation and planning, they are confident in overcoming future obstacles.



Despite practicing tirelessly, a team was unable to secure a spot in the knockout round due to tough competition. They remained positive and proud, having learned valuable lessons that they could take with them into future matches. The team aims to come back stronger next year and make it further in the tournament.

VIRAJ 2022



The team had worked hard all season long, and this was their second to last tour before the session came to an end. They had played their hearts out and had managed to reach the finals. The final was an intense match, and both teams put up a good fight. However, at the end of regular time, the score remained tied, and the game went into penalties.

RUNNERS UP

Unfortunately, luck was not on their side, and they lost in penalties, leaving them as runners up of the tournament. Despite the disappointment of not winning, the team could hold their heads up high knowing they had given their all and made it to the finals.



SHAURYA 2022



The team that achieved these results had a very successful season. They finished at the top of their league table, which is a great accomplishment. In addition, they beat IGIET by a score of 4-2, which is no small feat. This victory must have given them a lot of confidence going forward.

Their success continued in the playoffs, as they were able to reach the final. The final was a very close match that ended up in a draw, which must have been disappointing for the team. However, they still had a chance to win in the penalty round.

Unfortunately, luck was not on their side during the penalty round, and they ended up losing. Despite this setback, the team can still be proud of their accomplishments throughout the season. They played with determination and skill, which is something to be admired.



ILLUMINA 2023 (SPRING SEMESTER) OUTDOOR



Organizing ILLUMINA , the official sports fest is a fantastic opportunity to bring your community together and celebrate athleticism. Consider including a variety of sports to cater to different interests and skill levels. Promote teamwork, fair play, and friendly competition. Don't forget to plan engaging opening and closing ceremonies to build excitement and camaraderie among participants. Ensure clear communication about rules, schedules, and safety measures to make the event enjoyable for everyone.



TRACK EVENTS



The track events are among the most exciting and highly anticipated sports in any sports fest. Athletes from different schools or teams compete against each other in various track and field events, such as the 100-meter dash, 200-meter dash, 400-meter run, 800-meter run, and 1,500-meter run.

There are also relay races, which involve teams of four runners passing a baton to each other. The 4x100-meter relay and the 4x400-meter relay are some of the most popular relay events. In addition to these running events, there are also field events, such as the long jump, high jump, and triple jump.



These events require athletes to demonstrate their speed, agility, and strength as they strive to win the gold medal. Overall, the track events are an exciting and thrilling part of any sports fest, and they always draw large crowds of enthusiastic fans.

RELAY RACE



A relay race is a track and field event where teams of runners take turns completing a set distance before passing a baton to the next runner. The goal is to be the first team to complete the designated number of laps or distance. Relay races require precise coordination, speed, and endurance from each team member.

There are various types of relay races, including the 4x100 meter, 4x400 meter, and 4x800 meter relays. In addition to track and field competitions, relay races are also popular in other sports such as swimming and skiing. .



Overall, relay races are exciting events that require teamwork, strategy, and athleticism

HIGH JUMP



High jump is a track and field event where participants jump over a horizontal bar placed at measured heights without knocking it down. The objective of the event is to clear the bar with the greatest height possible. The high jump has been part of the Olympic Games since the ancient times, and it has evolved significantly over the years.

Today, there are two main techniques used in high jump: the Fosbury Flop and the straddle technique. The Fosbury Flop, which was first used in the 1968 Olympics, involves jumping over the bar headfirst and backwards. This technique allows for higher jumps and is now the most common technique used in high jump.



The straddle technique, on the other hand, involves jumping face down and clearing the bar with the legs first, followed by the rest of the body. Although it is not commonly used in modern high jump competitions, it has produced some of the greatest high jumpers in history.

TRIPLE JUMP



The triple jump is a track and field event that requires skill, power, and speed. It involves three consecutive phases of jumping, with the athlete taking off from a runway and landing in a pit filled with sand. The first phase is a hop, followed by a skip, and then a jump. The athlete must complete all three phases in one continuous motion without stepping outside the designated area.

The distance of the jump is measured from the takeoff line to the point where any part of the athlete's body first touches the sand. The triple jump is a highly technical event that requires a combination of strength, agility, and coordination.



It is often considered one of the most challenging events in track and field, and only the most skilled athletes are able to excel in it.

LONG JUMP



Long jump is an athletic event that requires a combination of speed, strength, and agility. It involves jumping as far as possible from a running start. Long jumpers typically have a strong lower body, particularly in their legs and hips, which helps them generate the necessary power to propel themselves through the air.

They also need to have good technique, including a strong takeoff and the ability to maintain their momentum throughout the jump. In competition, athletes get three attempts to jump as far as they can, and the longest jump out of the three is recorded.



Long jump is a popular event in track and field, and is often featured in major championships such as the Olympics and World Championships.

DISCUS THROW



Discus throw is a track and field event in which an athlete throws a heavy disc called a discus. The event is one of the oldest Olympic sports, with roots dating back to ancient Greece. The modern version of the event involves a circle and an arc-shaped sector in which the athlete must throw the discus.

The athlete must stay within the circle during the throw and the discus must land within the sector to be considered a legal throw. The athlete with the longest throw wins the competition. The discus is a challenging event that requires a combination of strength, technique, and precision.



it is a popular event at both the collegiate and professional levels and requires years of training to master.

SHOTPUT



Shot put is a track and field event that requires a combination of strength, technique, and precision. The objective of the event is to throw a heavy metal ball, known as the shot, as far as possible.

The shot itself weighs 16 pounds for men and 8.8 pounds for women. Competitors must hold the shot near their neck and shoulder, then push it out as far as possible in one fluid motion. The throw is measured from the point where the shot lands, and the athlete with the longest throw is declared the winner.



Shot put requires a great deal of physical strength, especially in the upper body and legs. However, technique is also crucial. Athletes must have a strong and stable base, use proper footwork, and maintain good posture throughout the throw.

JAVLIN THROW



Javelin throw is a field event in athletics that requires a combination of speed, strength, and technique. It involves throwing a long spear-like object, called a javelin, as far as possible within a designated area. The javelin itself is made of metal or carbon fiber and can weigh up to 800 grams for men and 600 grams for women.

The technique used in javelin throw involves a run-up, a plant, and a throw. The athlete has to build up speed, then plant one foot before launching the javelin with the other arm in a smooth, swift motion. The throw is judged by the distance travelled by the javelin from the point of release to where it lands.



Javelin throw is a popular event in the Olympic Games, and requires a great deal of training, discipline, and focus. Athletes spend countless hours perfecting their technique, building their strength, and practicing their throws in order to compete at the highest levels. It is a thrilling and challenging sport that requires both physical and mental toughness.

KABBADI



Kabaddi is a popular sport that originated in ancient India. It is a contact sport that requires both physical and mental agility, as well as teamwork. Kabaddi is played on a rectangular court, and the objective of the game is for one team's raider to cross over to the other team's side, tag as many players as possible, and return to their own side,

all while holding their breath and chanting "kabaddi, kabaddi, kabaddi.", the opposing team must try to stop the raider from completing their task by tackling them and preventing them from breathing. Kabaddi has gained popularity worldwide, and is now played in many countries at both amateur and professional levels.



It is a thrilling and exciting sport that requires quick reflexes, strategy, and athleticism.

KHO-KHO



Kho-kho is a traditional Indian game that has been played for centuries. It is a popular sport that is enjoyed by people of all ages, especially during festivals and other celebrations. The game is played between two teams, with each team consisting of twelve players.

The game begins with the chasing team sending out nine players onto the field, who then attempt to tag the opposing team's players, while avoiding being tagged themselves. The defending team, on the other hand, must try to dodge the chasing team's players and avoid being tagged.



One of the unique features of Kho-kho is that it is played without any equipment, making it an accessible and affordable sport. It is also a great way to stay active, improve reflexes, and build teamwork and communication skills. With its rich history and cultural significance, Kho-kho remains a beloved pastime for many Indians, both young and old.

TUG OF WAR



Tug of war is a classic game that has been played for centuries. It is a simple yet exciting game that requires two teams to pull on opposite ends of a rope, with the objective of pulling the rope to their side. The team that manages to pull the rope to their side wins the game.

Apart from being a fun game to play, tug of war also has a lot of benefits. It is a great way to build teamwork and cooperation, as each member of the team must work together to pull the rope. It also helps to build strength, endurance, and balance, as the players need to use their muscles to pull the rope and maintain their balance while doing so.



Tug of war is also a great way to bring people together. It is a game that can be played by people of all ages, and it is a great way to break the ice and get people interacting with each other. Whether it is at a family gathering, a company picnic, or a school event, tug of war is sure to bring a smile to everyone's face.

FUN EVENTS

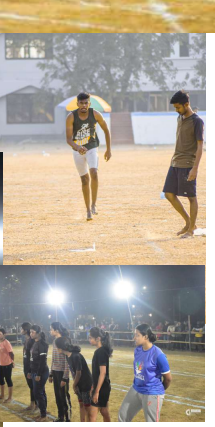


Fun events are a great way to bring people together and create lasting memories. They can range from small gatherings with friends to larger community events. There are many different types of fun events, such as game nights, potlucks, picnics, and festivals.

Attending a fun event can be a great way to meet new people and make new friends. It's also an opportunity to try new things and step outside of your comfort zone. Whether you're a social butterfly or more introverted, there's always something to enjoy at a fun event.



In summary, fun events are a great way to bring people together, create lasting memories, and make new friends. So why not plan or attend a fun event today?



SPORTS SOCIETY VSSUT

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